

HILLCREST HIGH SCHOOL COUNSELING DEPARTMENT

Brochure of Community Counseling Services

Valley View Baptist Church

Dr. Billy Joy
Senior Pastor

CONTACT US

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How do you use this brochure?

Many times, students or parents have needs that require services outside of the school setting. Please use this list of agencies as needed throughout your school and adult years in order to meet the needs of your academic, social/emotional, and career development.

Ability Alliance of West Alabama Tuscaloosa County Mental Retardation Authority, Inc.

Serves individuals Age 3 through
adult

Street Address
1002 McFarland Blvd
Suite K
Northport, AL 35476

Telephone
205-333-1577
Fax
205-333-2904

Hours
Monday-Friday 8:00 AM- 5:30 PM

Description:

The single point of entry for individuals living in Bibb, Pickens and Tuscaloosa Counties seeking services for cognitive disabilities. We provide case management and referrals to agencies that provide day programs, residential programs, etc. We also provide support services for individuals living in their own homes in the community.

<http://www.abilityalliance.info/>

Who we are...

Our mission is to positively affect the quality of life for persons with intellectual disabilities by helping to ensure that appropriate and quality services are available and accessible throughout their lifespan.

Bradford Health Services Northport, AL

Address

515 Energy Center Blvd
Northport, AL 35473

Telephone

205-750-0227 or 1-800-891-9673

Fax

205-750-8375

<http://bradfordhealth.com/>

Services

- Emergency consultation services available 24 hours/day, 7 days/week. Residential and Extended Care Treatment. Healthcare Professionals Program. Acute Psychiatric Stabilization (Medicaid and Medicare). Intensive Outpatient Treatment, Educational Programs, Aftercare and Family groups. Parent support group is available to the community at no charge.
- Addiction Services for:
 - Adults
 - Adolescents
- Acute Psychiatric services for adults

The Family Counseling Service of Tuscaloosa County

Street Address

2020 Paul W. Bryant
Drive

Tuscaloosa, AL 35401

Telephone

205-752-2504

Fax

205-345-4842

[http://www.counseling
service.org/](http://www.counseling
service.org/)

Serves: Adult, Child, Adolescent

Description

Professional marriage and family counseling services. Domestic violence intervention program. Juvenile substance abuse program. Anger management. Alternative behavior training law violators. Employee Assistance Program.

Transparenting-a court ordered program for parents going through divorce.

Mission

Family Counseling Service improves the quality of life for people of West Alabama by providing accessible, expert counseling services and state-of-the-art programs that promote mental, emotional and social well being.



TURNING POINT
Domestic Violence & Sexual Assault Services

Ending Violence and Building Peace in West Alabama Since 1979

Founded in 1979, Turning Point is the second-oldest domestic violence shelter in the state of Alabama and one of the oldest such agencies in the United States. Turning Point began serving victims of sexual assault in 1992. From its beginnings as a one family per night safe room, Turning Point has grown to provide direct services to over 2,000 individuals annually.

- **Street Address**

(undisclosed)

- **Mailing Address**

P.O. Box 1165

Tuscaloosa, AL 35403

- **Telephone**

205-758-0808

Fax

<http://www.turningpointservices.org/>

Street Address

2209 9th St #200

Tuscaloosa, AL 35404

Telephone

205-391-3131

Fax

Indian Rivers

Description

- Indian Rivers was established in 1967 with the goal of providing excellent care to individuals coping with behavioral health needs. We treat a variety of diagnoses such as A.D.H.D, depression, anxiety, thought disorders, mood disorders, psychotic disorders, substance abuse, and developmental disabilities.
- Indian Rivers is a comprehensive mental health center. We offer a rich continuum of care for mental illness, substance abuse, and developmental disabilities.
- Outpatient treatment, in-home intervention, residential services, as well as case management and crisis services are provided through various programs.

<http://www.irmhc.org/index.php>

North Harbor Pavilion

Street Address

North Harbor Medical Center

2700 Hospital Drive

Northport, AL 35476

Telephone

205-330-3000

Fax

205-330-3126

https://www.dchsystem.com/our_services/mental_health_north_harbor_pavilion.aspx

Description

North Harbor is a 54 bed psychiatric facility connected to Northport Medical Center. The facility provides inpatient psychiatric treatment designed to be short term utilizing a comprehensive and interdisciplinary approach.

Region II Community Services, Mental Retardation Division, Alabama Department of Mental Health and Mental Retardation

Street Address

1700 University Blvd. East
Tuscaloosa, AL 35403-1730

Telephone

205-554-4158

Fax

205-554-4177

<http://www.mh.alabama.gov/>

Description

Information and Referral, Diagnosis and Evaluation, Medicaid Waiver Management, In-Home supports, Placement coordination and Development, Consultation and Technical Assistance, Incident Prevention and Management, Transition Services, Early Intervention, Prevention, Self-Advocacy, Contract Services coordination of facility admissions and respite services

Brewer-Porch Children's Center Children Services/Adolescent Services

Information

Street Address

2501 Woodland Road
Tuscaloosa, AL 35404

Telephone

205-348-7236

Fax

205-348-9368

<http://bpcc.ua.edu/>

Description

Residential and Day Treatment Services for emotionally disturbed children and adolescents. Short Term Treatment and Evaluation Services for children and adolescents. The Adaptive Skills Training Program for adolescents. Community Autism Intervention Program (school based). Therapeutic Foster Care Program.

Contact Information

<http://capstuscaloosa.net/>

Street Address

618 14th Street
Tuscaloosa, AL
35401

Telephone

205-758-1159

Fax

205-758-1182

Child Abuse Prevention Services of Tuscaloosa, Inc. (CAPS)

Description

CAPS provides child abuse treatment and prevention services for parents, children and the community at large. Services include parent support groups, parenting classes, personal safety education programs for first-graders, life skills education programs both during the school day and in after school programs, and community education.

PRIDE of Tuscaloosa

Contact Information

Street Address

1210 21st Avenue

Tuscaloosa, AL 35401

Telephone

205-759-8318

Fax

205-759-8306

<http://www.prideoftuscaloosa.org/>

Description

Comprehensive drug/violence prevention program targeting youth, parents, and other members of the community. Components include parent training and education, family strengthening, positive peer leadership training for youth, community/school programs, assessment, resource center for drug/violence materials, referral service to sources of assistance, youth alternative programs, family intervention/court referred program, high risk youth alcohol tobacco and other drug education, after school and weekend and summer programming for children.

Tuscaloosa
County
Juvenile
Detention
Center
Juvenile
Detention
Center

Address: 6001 12th Ave E, Tuscaloosa, AL 35405

Phone:[\(205\) 349-3131](tel:(205)349-3131)

Tuscaloosa's One Place, A Family Resource Center

Tuscaloosa's One Place, A Family Resource Center empowers people to achieve their full potential. We provide resources to promote self-sufficiency, strengthen families, and prevent child abuse and neglect thus improving the quality of life for all members of our community.

<http://www.tuscaloosaoneplace.org/>

The Bridge

Street Address

6001 12th Ave. East

Tuscaloosa, AL 35405

Telephone:

205-344-6483

256-546-6324

Fax: N/A

Description

- Services for male and female adolescents with a substance abuse or dependence problem. The Bridge offers group and individual counseling, twelve step classes, and adventure based counseling. Outpatient services are located in Tuscaloosa. Inpatient treatment in several Alabama locations.
- *AS OF DECEMBER 1, 2015 THE BRIDGE WILL NO LONGER CHARGE AN ADMISSION FEE FOR ANY OF OUR PROGRAMS.*
- **For more information visit:**
- <http://bridgeinc.org/>

Community Service Programs of West Alabama, Inc.

Street Address

601 17th Street
Tuscaloosa, AL 35401

Telephone:

205-758-4756
205-752-5429

Fax:

205-758-7229

www.cspwal.com

Description

- **Community Service Programs of West Alabama, Inc.** offers the following:
- **Meals on Wheel-** distribute meals to homebound and elderly
- **Youth Enhancement Service-** after-school program for children in CSP housing programs.
- **Head Start-** preschool programs for children ages 3-4
- **Early Head Start-** infants up to age 3
- **Early Intervention-** case management for families who have a child with developmental delay.
- **Housing-** home buyers program, rental apartments, supervised housing for special-needs individuals
- **A variety of social services** including housing assistance, weatherization, and other programs.

Alabama Disabilities Advocacy Program- ADAP

Street Address

Martha Parham Hall

Bryant Drive, The University of
Alabama

Tuscaloosa, AL 35487-0395

Telephone

205-348-4928

tty: 205-348-4928

1-800-826-1675

Fax

205-348-3909

Description

ADAP provides quality legally based advocacy services to persons with disabilities through protecting, promoting and expanding their rights. No cost. Persons must be Alabama residents with a disability. There is not entitlement to the service. For all ages.

www.adap.net

Salvation Army

Address

2902 Greensboro Avenue
Tuscaloosa, AL 35401

Telephone

205-758-2804

Fax

205-758-3896

www.salvationarmy.org

Description

- The Salvation Army provides shelter for up to 68 individuals (single men, women, families with children). Meals, emergency food assistance, social work and case management services, disaster recovery services, job replacement, rent payments and homeless prevention.
- First three nights in the shelter are free, subsequent nights are \$7.00 per night; fee is waived with proof of job search. Staff provide assistance in job placement, assistance and flexibility with fees.
- Temporary housing, case management, social work, and referrals are provided to adults, families and children.

Emergency Contact Numbers

National Suicide Prevention Lifeline – 1-800-273-8255

National Hope Line Network 1-800-442-4673

Tuscaloosa County Department of Human Resources – 205-562-6100

Tuscaloosa County Sheriff's Department –205-752-0616

SAMHSA Disaster/Distress Hotline – 1-800-985-5990; text "TalkWithUS" to 66746

Suicide Hotline - 1-800-784-2433 OR 1-800-448-3000

Bradford Health Services Response Office - 1-800-891-9673

Indian Rivers Mental Health (Crisis Response Team) - 205-391-3131

Crisis Center Teen Link (3:00 p.m. until 10:00 p.m.) - 205-328-5465

Online Resources:

www.counselingondemand.com

www.adaa.org

www.onlinecounseling.org

www.counselinginsite.com

www.familyfirstaid.org